

Indira Cancer Trust

SUPPORTING THE FIGHTERS | ADMIRING THE SURVIVORS
HONOURING THE TAKEN | NEVER EVER GIVING UP HOPE

Issue #26:
Jan/Feb 2024

A heartfelt moment at Suwa Arana



The atmosphere was filled with joy and gratitude as Mrs. Sujatha Bandularatne, our esteemed inaugural donor, graced us with her presence at Suwa Arana. Returning to witness the impact of her generosity, Mrs. Bandularatne was deeply moved by the dedication of our staff, the unwavering spirit of our volunteers, and most importantly, the radiant smiles adorning the faces of the children and families we tirelessly serve. Despite the trials and tribulations faced along our journey, Mrs. Bandularatne's steadfast support and unwavering belief in our mission have remained a beacon of hope. Together, we have showcased that the power of kindness transcends boundaries and knows no limits.

This reunion serves as a reminder of the profound impact of community support. As we continue our mission to provide solace and support to those affected by cancer,

Ele Spreads Love



Indira Cancer Trust's support sparks hope for many

Indira Cancer Trust kicked off the year with a wave of support, receiving multiple donations ranging from household equipment to vouchers for dry rations and vital medical supplies. This outpouring of generosity set a positive tone for the year ahead.



Honoring the Courageous

On International Childhood Cancer Day, we celebrated the remarkable bravery and resilience of our young fighters. With hearts united and voices raised, we stand in solidarity with these courageous little warriors, shining a golden light of hope upon their journey.

In the face of adversity, these children inspire us all with their unwavering courage and indomitable spirit. Each day, they confront their battles with strength, determination, and a smile that lights up the darkest of times.

Together, let's spread awareness, support, and love to ensure that every child facing cancer feels empowered, cherished, and surrounded by unwavering hope.

A heartwarming story comes from Mrs. Nalini Perera, a resident of Moratuwa, whose husband is battling prostate cancer. Despite the challenges they face, Mrs. Perera perseveres, earning a living by preparing string hoppers and pittu. These traditional dishes not only sustain her family but also provide the means to afford medication and transportation to regular clinic visits.

Recognizing the potential to enhance her modest livelihood, Mrs. Perera reached out to Indira Cancer Trust for support. Her plea was simple yet profound: to upgrade her outdated cooking equipment and utensils, allowing her to meet the growing demand for her culinary offerings.

Indira Cancer Trust answered her call with compassion and practical assistance. By providing Mrs. Perera with new cookware and utensils, the trust not only improved her ability to sustain her family but also empowered her to expand her small business. This gesture exemplifies the trust's commitment to supporting cancer patients and their families beyond medical assistance, fostering resilience and hope in the face of adversity.

Through collaborative efforts and acts of kindness like these, Indira Cancer Trust continues to make a meaningful difference in the lives of individuals and families affected by cancer.





Finding Solace in shared moments

In the hustle and bustle of battling cancer, finding moments of peace and tranquility feels like a distant dream.

At Indira Cancer Trust, we understand the importance of holistic care, which is why we're proud of our Evening Relaxation Programs tailored specifically for patients and caregivers.

Every evening, amidst the gentle hum of the day's activities, our facility transforms into a haven of serenity. Patients and caregivers alike gather to partake in a variety of activities designed to soothe the soul and nourish the spirit. From the gentle stretches of yoga to the therapeutic strokes of crafting and painting, there's something for everyone to enjoy. These activities not only provide a welcome distraction from the challenges of treatment but also offer a space for self-expression and connection.

As the sun sets and the evening unfolds, the sound of laughter and camaraderie fills the air. Dancing becomes a celebration of life, a joyful reminder of the strength and resilience that reside within each of us. Patients and caregivers come together, not just as individuals facing similar challenges, but as a collective force united in their journey towards healing and hope. As we continue to journey together, let us take solace in the knowledge that amidst life's uncertainties, there are moments of peace and comfort to be found. And in the company of kindred spirits, we find the strength to face whatever challenges may come our way.



இந்திரா கிடுகா டாஸ்ட்
112 363 211

No 63 Hospital Road Maharagama Sri Lanka

+94 112 363211
+94 112 088288
+94 703 534422

Indiracancertrust

indira_cancer_trust

www.Indiracancertrust.org

Indiracancertrust@gmail.com